

# Clay City High School

## NOVEMBER BREAKFAST 2020

Page 1 Nov 2, 2020

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
| Nov - 2<br><br>Yeast Donut<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK  | Nov - 3<br><br>BIS. AND GRAVY<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK  | Nov - 4<br><br>BREAKFAST PIZZA<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK  | Nov - 5<br><br>PANCAKES & SYRUP<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK     | Nov - 6<br><br>SAUSAGE LINKS<br>CINNAMON ROLLS<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK |
| Nov - 9<br><br>Yeast Donut<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK  | Nov - 10<br><br>BIS. AND GRAVY<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 11<br><br>BREAKFAST PIZZA<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 12<br><br>FRENCH TOAST STICKS<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 13<br><br>BAGEL w/ SAUSAGE<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK               |
| Nov - 16<br><br>Yeast Donut<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 17<br><br>BIS. AND GRAVY<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 18<br><br>BREAKFAST PIZZA<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 19<br><br>FRENCH TOAST STICKS<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 20<br><br>BAGEL w/ SAUSAGE<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK               |
| Nov - 23<br><br>Yeast Donut<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 24<br><br>BIS. AND GRAVY<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 25<br><br>BREAKFAST PIZZA<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK | Nov - 26<br><br>THANKSGIVING BREAK<br>(NO SCHOOL)   | Nov - 27<br><br>THANKSGIVING BREAK<br>(NO SCHOOL)  |
| Nov - 30<br><br>Yeast Donut<br>POP TARTS VARIETY<br>CEREAL,VARIETY<br>PBJ<br>YOGURT PARFAIT<br>FRESH FRUIT<br>JUICE VARIETY<br>MILK |  |   |   |  |

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**